

## **2024 Theme ~ Pathways to Freedom and Friendship**

In 2024 there are many opportunities to embark upon pathways to freedom and friendship. In 2023 we looked at befriending Pluto as it moves into Aquarius. Pluto is still on the cusp of Aquarius and will retrograde into Capricorn for the last time in 2024 between September and November. We are still working on demolishing old patriarchal power structures and finding new ways to evolve in the next 20 years.

The focus of Pluto in Capricorn has been about reassessing the dominant socio-economic institutions of government, money and banking, conflicts between nations, disputes over territory, corrupt and destructive mining of earthly resources and other shadow aspects of humanity. Although Pluto in Aquarius is not without its technological shadow side, the positive path supports equity and a humanitarian, holistic and inclusive paradigm. Aquarius is about honouring unique individuality and how we each can contribute to our communities to bring about positive transformations.

An optimistic planetary influence comes from Jupiter in 2024. Jupiter meets Uranus in Taurus in April, providing us with a chance to fully embrace the new values evolving since Uranus went into Taurus in 2019. In May, Jupiter sextiles Neptune on the critical anorectic 29th degrees of Taurus and Pisces, encouraging trust in the Divine and the unity of the physical and spiritual. We are re-learning that we are essentially embodied in the creative spirit of Mother Earth.

Later in May, Jupiter ingresses into dualistic Gemini, the sign associated with friends, siblings, twins and lovers. A flowing trine between Jupiter and Pluto in early June expands and deepens the movement towards evolutionary relationships that inspire mutual awakening between individuals and groups. One way of moving away from ego struggles in personal and group relationships is another social movement called emergent strategy. Rather than resist change, we need to feel, learn and understand the swirling patterns around us to nudge them into healthier, more enlightened ways of relating.

There will be challenges for us to stay firm in our convictions when confronted with the ongoing changes in the world. How well we handle this will depend upon our healing of past traumas around loving and accepting our essentially divine individual selves. We are starting to remember the joys of inclusivity within ourselves, groups, communities and the world around us.

### *Freedom to Be Your Truly Exceptional Self*

**ARIES** continues the mahi of inspiring futuristic visions, pausing from time to time for reality checks. The energies of 2024 encourage Aries to step away from battle mode. Calling on their ability to make friends easily, they can convey their bright ideas to others who may be more cautious about much-needed changes. When Aries feel free to be themselves, their feisty enthusiasm can be infectious, warm and kind, attracting others to them. Aries can direct focus on cooperative actions, especially in helping to revolutionise economic, social, and earth-friendly systems. For example, Aries' pioneering ideas could be well received in regenerative farming and environmental restoration movements.

### *Freedom to Love and Please Your Self*

**TAURUS** continues the mahi of shifting their values from materialism to humanitarian concerns. Recognising the increased importance of friends and their support, Taurus also needs the freedom to befriend themselves. Seismic changes demanded of them in recent years have stressed their nervous systems. In 2024 the pressure for radical change is magnified in both their internal and external worlds. Taurus will need to take time to care for their bodies and minds and refresh their spirits. Sharing activities with friends, meditating, mindfulness, enjoying the beauty of nature and art, and other body-love sensual pleasures.

### *Freedom to Share Your Surprising, Sometimes Shocking, Stories*

**GEMINI** continues their networking mahi, building new friendships and connecting with others on a soul level. 2024 promises to be an exciting year for the sign of the twins. There will be many opportunities for growth, learning new communication skills, and developing dynamic ideas. New friendships blossom in unlikely places allowing Gemini to bring together diverse or polarised groups. Freedom may, at times, feel heady and overwhelming. Shared cathartic creativity can help with grounding the supercharged airy vibe. Cooperative work/play could result in meaningful artwork, installations, reels and futuristic writing. Sharing is essential to Gemini's soulful well-being.

### *Freedom to Love without Limits*

**CANCER** continues diving into deep emotional complexes, awakening awareness of mind/body connections and how inner worlds are reflected in the outer world. Freedom for Cancer means avoiding getting hooked on others' agendas and dropping any attachment to self-criticism. Cancer is learning to listen to all their inner voices while being loving, kind and nurturing to Self. Knowing and loving their shadow intimately and lowering protective defences while still being aware of

boundaries allows Cancer the freedom to deepen friendships. When emotional vulnerability becomes a strength, Cancer can share their understandings, insights and "how to" knowledge with their wider community.

### *Freedom to Jump for Joy*

**LEO** continues to be challenged to drum up their leadership talents, encouraging others to shine. Leo might channel their creative energies into doing good for others by being mindful and not overdoing ego dramas. Leo makes friends quickly, so there is potential for many shared enjoyments within group activities. Outlets for physical energy might be sports, dance, community tree planting and other outdoor projects beneficial to the environment. Feeling the push for freedom, rather than getting caught up in the struggles with their inner rebel, Leo must courageously choose their unique path of the heart that allows the expression of their natural warmth, generosity and love.

### *Freedom to Dance in the Forest*

**VIRGO** continues the mahi of getting clear about what is essential in their lives. Some exciting or shocking surprises ahead suggest Virgo call on their natural ability to be flexible and adapt. Maintaining and renewing long-term friendships may not be easy, but it will be well worth the effort. Freedom to set boundaries and time to communicate with themselves will be vital. Creating altars, journal writing and meditative practices can bring insight and awareness. Share with trusted friends but be discerning about too much baring of souls. Virgo will need to pay attention to clues from their physical bodies about what is healthy and beneficial for them.

### *Freedom to Shout Out Loud*

**LIBRA** continues expanding their social spheres and community activities. Intimate friendships are becoming more critical than usual. Libra may feel dizzily excited with a sense of freedom about exploring new ideas and relationships. However, they must ground and centre themselves before reaching out to others. If Libra stays grounded and maintains a positive attitude, the future offers a profound flow of expansive and life-changing ideas. They need to be prepared to dive deep, finding freedom by releasing their past karmic tendencies to people please, to keep the peace. Librans, above all, need to trust their inner knowing.

### *Freedom to Laugh with Ghosts*

**SCORPIO** continues to be challenged. They will need to apply themselves to working through their resistance to change. Feeling vulnerable, they will need friends they know they can trust, so more than ever, the encouragement and

support of old friends and community. As always, freedom comes from being able to embrace, understand and accept their shadow selves. Releasing and forgiving their past will be part of this meaningful emotional work. This work will allow them to tap into their vast reservoir of inner power to be channelled into transforming the outer world. Learning to nurture and protect themselves within their personal sacred space is essential to Scorpius' ongoing journey towards evolutionary freedom.

### *Freedom to Venture through Portals into Far Out Dimensions*

**SAGITTARIUS** continues the mahi of envisaging a wonderful future world. Sagittarius will be pushed beyond their usual limits into hitherto unknown territories. They need to be able to communicate what they experience, exploring these radically free dimensions. Cultivating a diverse group of friends who understand and encourage them will help Sagittarius keep pushing their conceptual boundaries of what might be possible. Searching out grassroots groups to share the mahi with will free them from the isolation of extreme idealism. Sagittarius must aspire to release being right, opening instead to exploring ideas with others with different forms of knowledge.

### *Freedom to Strut Your Stuff*

**CAPRICORN** continues the mahi of investigating practical proposals on the table in our brave new world. Capricorn is supported in working towards change without the need to be overly controlling and authoritarian about rules and regulations, although it may require some tough negotiations. Capricorn will benefit from going with the flow. Their freedom comes from being flexible and tapping into their creative potential. Friendships developed through cooperative work, such as environmental projects and hands-on physical activity, will be particularly enriching for Capricorn personally. In whatever spheres Capricorn chooses to direct energy, their organisational skills will be greatly appreciated.

### *Freedom to Write Your Own Script*

**AQUARIUS** will have access to a profound power source for many years to come, and how they use it will be up to them as individuals. They will need to investigate and explore ethical and moral boundaries, questioning many technology fields as it interfaces with the physical world. Empowering themselves will be freeing for Aquarius as they expand their influence into all sorts of areas they might not normally consider. Aquarius will need to listen to their friends, collecting a wide variety of diverse ideas and opinions from different strata of society, such as medicine, farming, genetics and technology in all its forms.

### *Freedom to Define Your Self*

**PISCES** will have opportunities to bring their dreams and visions into manifestation, so they need to be careful about what they are thinking, feeling and envisioning. Pisces needs to be free to share with friends they can trust to love them and help them apply the brakes to anything too way out. Friends who can anchor Pisces in reality, when they may be all at sea, will be of invaluable support. Pisces will be channelling vast amounts of inspirational, spiritually comforting and healing energies, encouraging us to forgive the past and sail unfettered into the future. Freedom for Pisces comes from continuing to trust their inner wisdom and guidance.

### REFS:

Emergent Strategy, Shaping Change, Changing Worlds by Adrienne Maree Brown  
Evolutionary Relationships, Unleashing the Power of Mutual Awakening by Patricia Albere